Can't get in to see your doctor?

No time to wait in a walk-in clinic?

Every day pharmacists help people by assessing and prescribing for many common ailments.

PANS

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Prescribing Services

Pharmacists can assess and prescribe for many conditions, including cold sores, allergies and skin conditions.

PHARMACY HEALTH CARE SERVICES

Pharmacists are authorized to assess and prescribe medications in many situations.

The assessment fees and prescriptions may be covered by your plan.

How long does it take?

Typically, it will take 10-20 minutes for the assessment.

Prescription Renewals

Have you run out of refills and can't get in to see your doctor? If you take a medication regularly, such as high blood pressure pills or birth control, you may be eligible for this service. If appropriate, the pharmacist can provide up to 90 days supply. Note: Some exceptions apply. Pharmacists cannot write prescriptions for narcotics or controlled drugs.

Therapeutic Substitution

If there is a medication that is in the same family of drugs as the one you take, is less expensive, or less likely to cause you a side effect, your pharmacist can perform an assessment. If appropriate, your pharmacist can prescribe another drug in the same family.

Minor or Common Ailments

Can't get into see your doctor? No time to wait in a walk-in clinic? Currently there are many conditions that your pharmacist can assess and determine if you would benefit from a prescription drug.

- Allergies
- Menstrual Cramps
- Calluses and Corns
- Mild Acne
- Cold Sores
- Mild Bites, Stings and Hives
- Skin Conditions Due to Allergic Reactions
- Mild Headaches
- Coughs
- Mild To Moderate Eczema
- Dandruff
- Minor Muscle and Joint Pain
- Dry Eyes
- Minor Sleep Disorders
- Hemorrhoids
- Nausea
- Impetigo
- Non-Infectious Diarrhea
- Indigestion/Heart Burn
- Oral Ulcers
- Nasal Congestion and Sore Throats
- Skin Fungal Infections Such as Athlete's Foot
- Oral Thrush
- Threadworms and Pinworms
- Yeast Infections
- Warts

Emergency Prescribing

If you have a medical emergency, you should proceed to the nearest emergency department. In rare circumstances, when another health care provide cannot be accessed, a pharmacist may be able to prescribe an emergency medication.

Adaptations

Your pharmacist may modify the dose, length of treatment and directions of your prescription to ensure you have the most effective treatment.

Injections

A pharmacist can prescribe and inject the following:

- Herpes Zoster (Shingles) Vaccine
- Human Papilloma Virus (HPV) Vaccine
- Hepatitis A and B Vaccine
- Typhoid Fever Vaccine
- Varicella (Chicken Pox) Vaccine
- Meningococcal Disease Vaccine
- Pneumococcal Disease Vaccine
- Typhoid Fever Vaccine
- Influenza (Flu) Vaccine
- Measles, Mumps and Rubella (MMR) Vaccine
- Tetanus, Diphtheria and Pertussis (Tdap) Vaccine
- B12

In all prescribing situations, pharmacists will complete an assessment to ensure the prescription is appropriate. The pharmacist will notify your family doctor when they provide any prescribing services. Assessment and injection fees and vaccine costs may now be covered by your health plan.

What's in it for me?

Untreated conditions can interfere with work and home activities and could lead to a more serious situation. Most pharmacies are open evenings and weekends. This often means you can access care outside of work hours when it is convenient for you.