



## Panel of Peers – Reflections From Select Panel Members March 4, 2022



### Question 1 and 2

- It was notable how thorough most people were in their assessments of both questions. You can view the answers most readily from the tables. Two comments:
  - The first question would be an open-ended opener question, followed by the remaining questions to probe for details
  - Given the workload I'm not sure if \$12 is enough especially if we have 3 disease states that involve labs.
  - Deprescribing is a necessary conversation

Given the responses the documentation for question 2 would look like:

Mar 4, 2022 – Renewal assessment for pantoprazole

LT consents to service. Prescribed pantoprazole for GERD x 2 years. Works well, prior sx of heartburn, reflux alleviated since starting tx. Occasional heartburn after spicy meal, Uses TUMS ES 1-2x a month for occasional heartburn. Trigger was soft drinks which she stopped 1 year ago. Only 1 coffee a day. Patient reports no signs of: dysphagia, unexplained weight loss, blood in vomit/stool, odynophagia, respiratory sx.

Takes every day as prescribed. Forgot her meds 6 weeks ago when travelling and heartburn returned. Last Rx pantoprazole 40 mg od x 90 R: 1.

No reported ADRs. Discussed potential long-term risks and deprescribing. Tried stopping twice (cold-turkey) and is not interested tapering plan (Optim My Meds) at this time. Gave deprescribing handout. Updated allergies, medical conditions, meds on file.

LT is experiencing GERD and may benefit from continued therapy.

LT is taking pantoprazole which may not be indicated. Deprescribing trial warranted.

Rx: pantoprazole 40 mg od x 90 Rx1

Allowing patient time to review deprescribing brochure and can discuss again in 6 months.

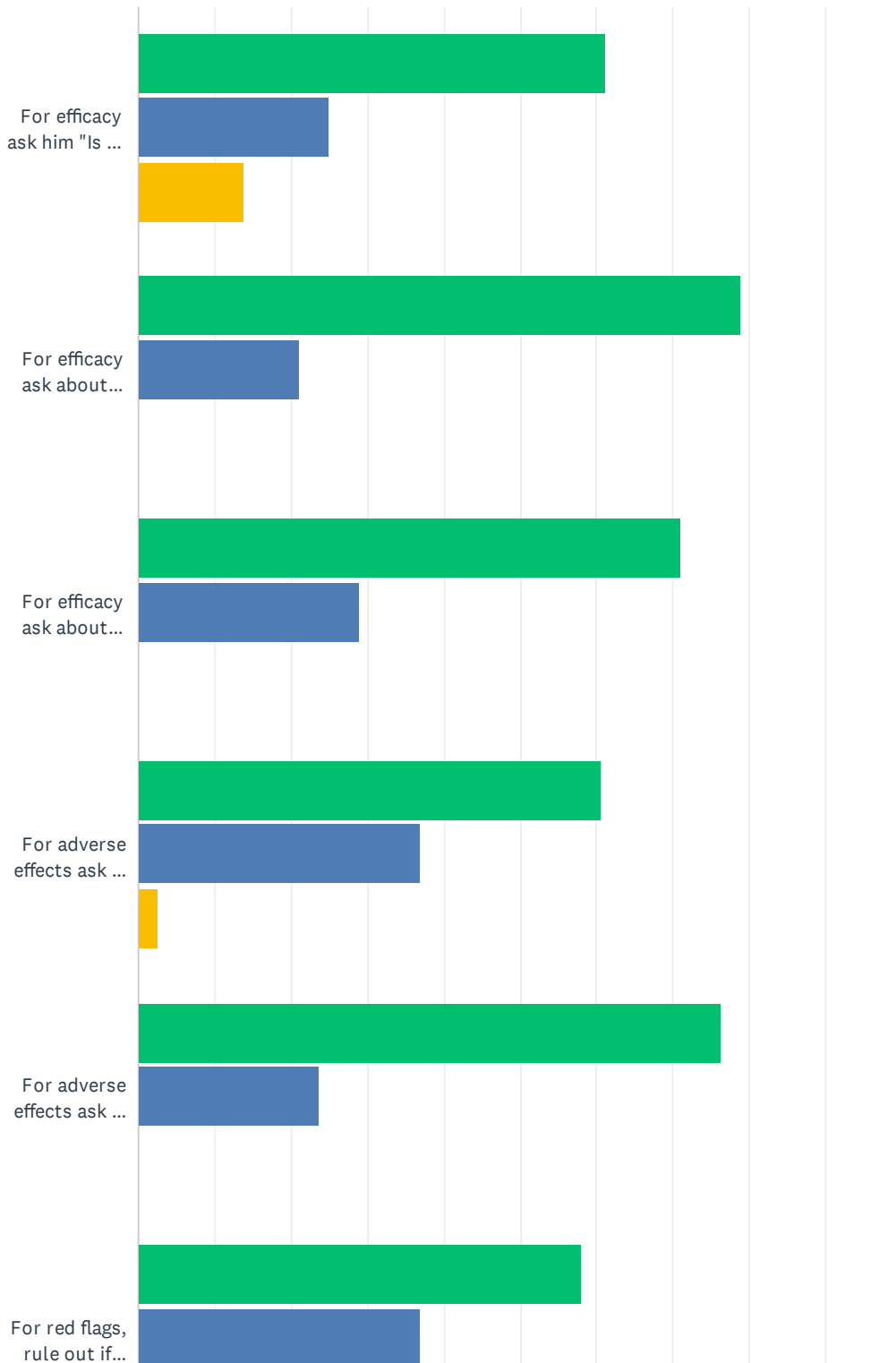
Patient will follow-up with family MD about deprescribing pilot.

Notification not sent – continuation of therapy.

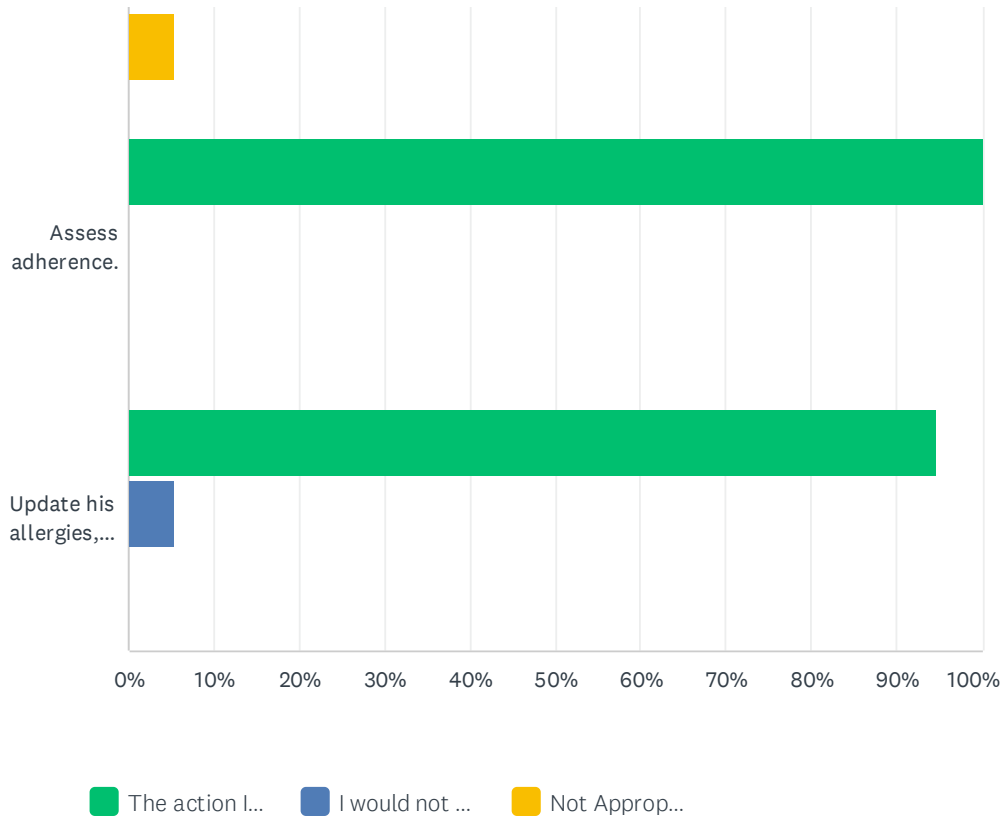
Jane Doe, Phc, #9999

Q1 TS is a 32 yo male requesting a refill for citalopram for depression. He has been taking the medication for approximately 2 years. His last prescription was 2 months with 2 refills. What factors could be included in the pharmacist's assessment of therapy?

Answered: 38 Skipped: 0



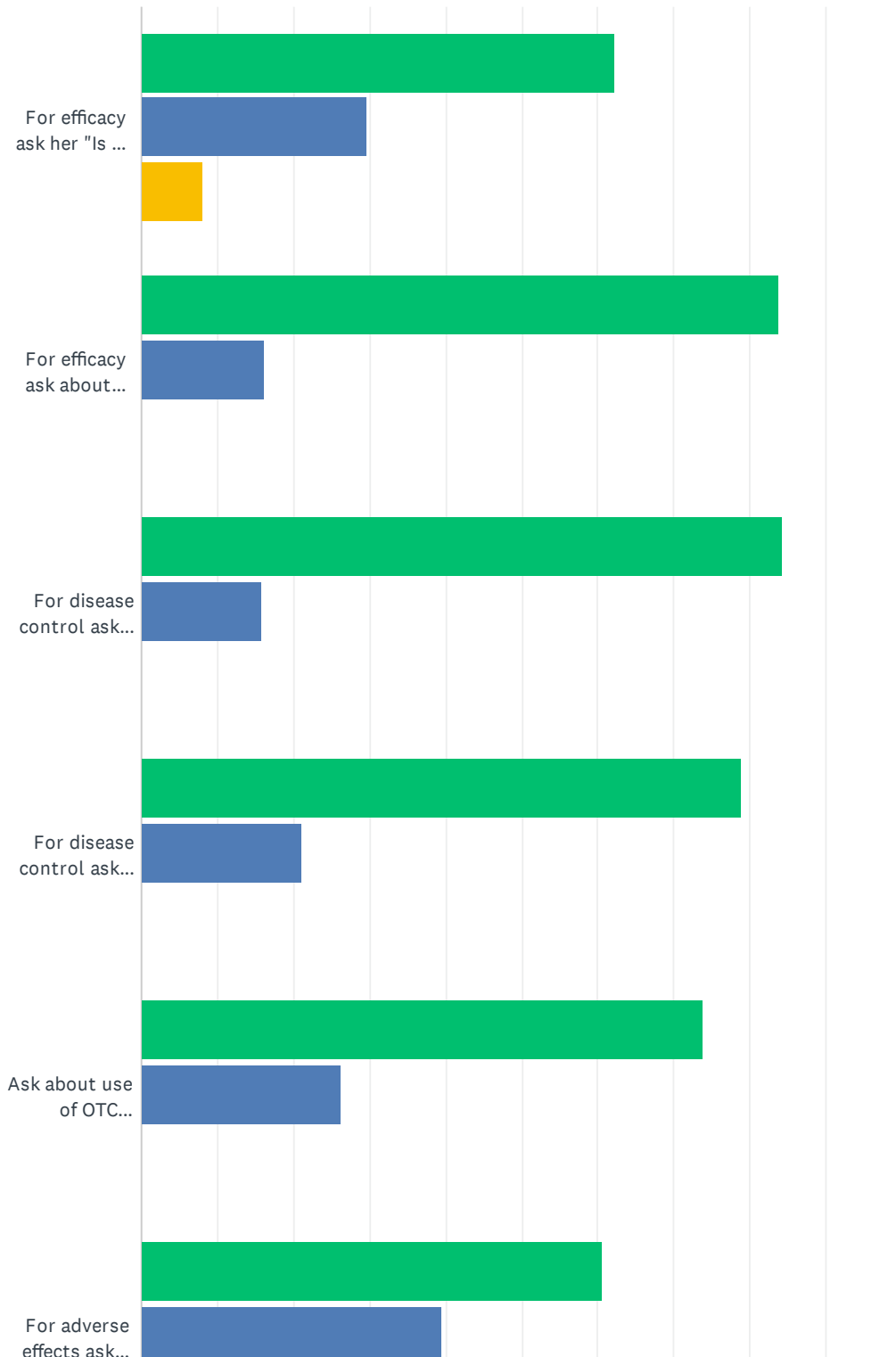
Panel of Peers Survey - March 4, 2022



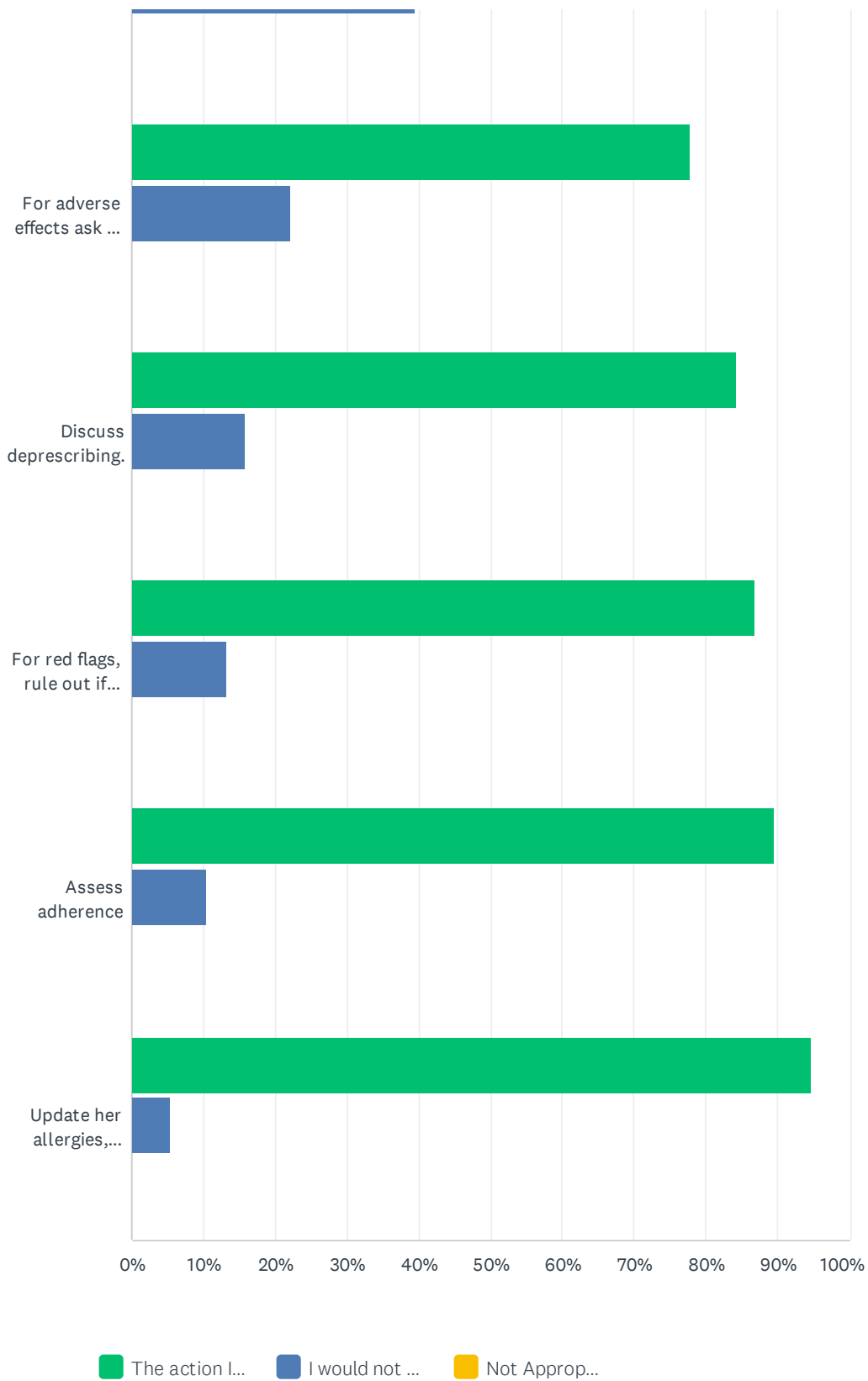
	THE ACTION I WOULD TAKE	I WOULD NOT DO THIS, BUT IT IS OKAY IF ANOTHER PHARMACIST DID	NOT APPROPRIATE	TOTAL
For efficacy ask him "Is it working?"	61.11% 22	25.00% 9	13.89% 5	36
For efficacy ask about specific symptoms he was having prior to treatment and how they responded.	78.95% 30	21.05% 8	0.00% 0	38
For efficacy ask about quality-of-life factors that have changed since starting treatment.	71.05% 27	28.95% 11	0.00% 0	38
For adverse effects ask him "Are you having any side effects?"	60.53% 23	36.84% 14	2.63% 1	38
For adverse effects ask if he's having any with prompts on specific ones.	76.32% 29	23.68% 9	0.00% 0	38
For red flags, rule out if he's ever or currently thought about hurting himself.	57.89% 22	36.84% 14	5.26% 2	38
Assess adherence.	100.00% 38	0.00% 0	0.00% 0	38
Update his allergies, medical conditions and medications on file.	94.74% 36	5.26% 2	0.00% 0	38

Q2 LT is a 40 yo female requesting a refill for pantoprazole for GERD. She has been taking it for approximately 2 years. Her last prescription was for 90 tablets with 1 refill. What factors could be included in the pharmacist's assessment of therapy?

Answered: 38 Skipped: 0



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	THE ACTION I WOULD TAKE	I WOULD NOT DO THIS, BUT IT IS OKAY IF ANOTHER PHARMACIST DID	NOT APPROPRIATE	TOTAL
For efficacy ask her "Is it working?"	62.16% 23	29.73% 11	8.11% 3	37
For efficacy ask about specific symptoms she was having prior to treatment and how they responded.	83.78% 31	16.22% 6	0.00% 0	37
For disease control ask about frequency of symptoms and temporal patters (e.g. meals, hs).	84.21% 32	15.79% 6	0.00% 0	38
For disease control ask about possible triggers, dietary factors.	78.95% 30	21.05% 8	0.00% 0	38
Ask about use of OTC antacids.	73.68% 28	26.32% 10	0.00% 0	38
For adverse effects ask "Are you having any side effects?"	60.53% 23	39.47% 15	0.00% 0	38
For adverse effects ask if she's having any with prompts on specific ones.	77.78% 28	22.22% 8	0.00% 0	36
Discuss deprescribing.	84.21% 32	15.79% 6	0.00% 0	38
For red flags, rule out if she's experiencing any alarm symptoms (e.g. vomiting blood, pain when swallowing, dysphagia, etc.)	86.84% 33	13.16% 5	0.00% 0	38
Assess adherence	89.47% 34	10.53% 4	0.00% 0	38
Update her allergies, medical conditions and medications on file.	94.74% 36	5.26% 2	0.00% 0	38