



Panel of Peers – Reflections From Select Panel Members Feb 11, 2022



Question 1

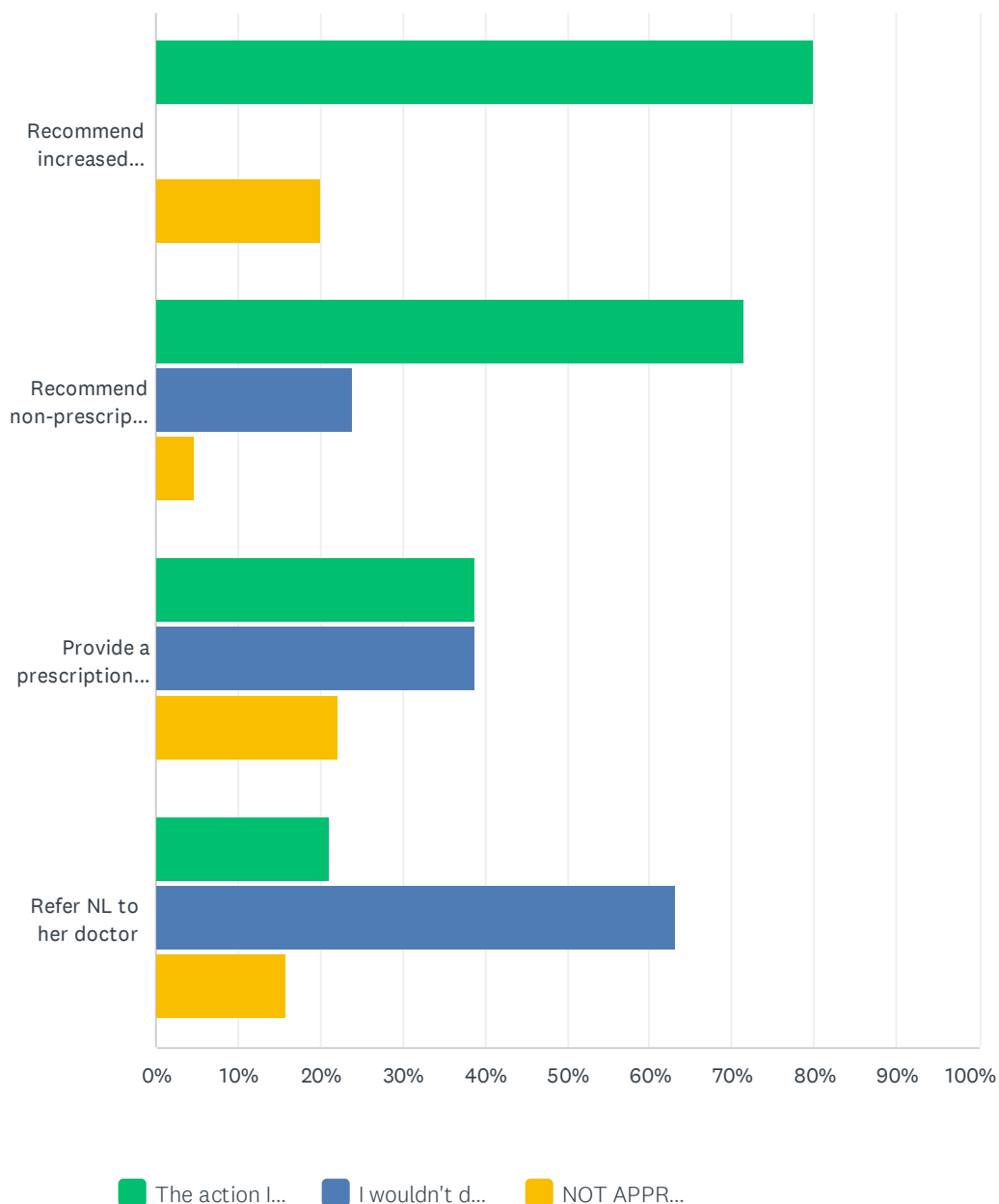
- Interesting mix of trying OTC products, prescribing as a minor ailment or referring to a physician:
 - Recommend increased fibre intake – 80% Action I would take, 20% Not appropriate
 - Recommend non-prescription products – 71% Action I would take, 5% Not appropriate
 - Prescribe for minor ailments – 39% Action I would take, 22% Not appropriate
 - Refer – 21% Action I would take, 16% Not appropriate

Comments

- Reasonable to try OTC before prescribing
- May want to recheck TSH in case it is high and contributing to constipation
- Non-pharm and OTC until she can see her doctor not instead of
- Possible issue if TSH is not at target. Possible anal fissure.
- OTC vs. Rx would be influenced by patient willingness to pay. Hemoval is something I recommend frequently first. I would use PEG for constipation rather than fibre right now.

Q1 NL is a 55 yo female who is looking for a recommendation for a hemorrhoidal treatment. She has never been diagnosed with hemorrhoids before. She complains of itching, burning and some blood on the toilet paper. She has experienced increased constipation over the past two weeks (going twice a week (down from daily)) with harder formed stools. She also takes levothyroxine 100 mcg daily for hypothyroidism (TSH normal 3 months ago). She has no other medical conditions and no allergies. How should a pharmacist respond?

Answered: 22 Skipped: 0



Panel of Peers Survey - August 26, 2022

	THE ACTION I WOULD TAKE	I WOULDN'T DO THIS BUT IT WOULD OK IF ANOTHER PHARMACIST DID	NOT APPROPRIATE	TOTAL	WEIGHTED AVERAGE
Recommend increased intake of fibre	80.00% 16	0.00% 0	20.00% 4	20	1.40
Recommend non-prescription hemorrhoidal products (Anuzinc)	71.43% 15	23.81% 5	4.76% 1	21	1.33
Provide a prescription for Anusol-HC® (suppository or ointment) as a minor ailment	38.89% 7	38.89% 7	22.22% 4	18	1.83
Refer NL to her doctor	21.05% 4	63.16% 12	15.79% 3	19	1.95



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Question 2

- Pretty consistent response:
 - Recommend Polysporin® Eye Drops – 90% Action I would take, 5% Not appropriate
 - Refer to a walk-in clinic – 53% Action I would take, 11% Not appropriate
 - Watchful wait – 12% Action I would take, 47% Not appropriate
 - Prescribe Fucithalmic as a minor ailment – 5% Action I would take, 89% Not appropriate

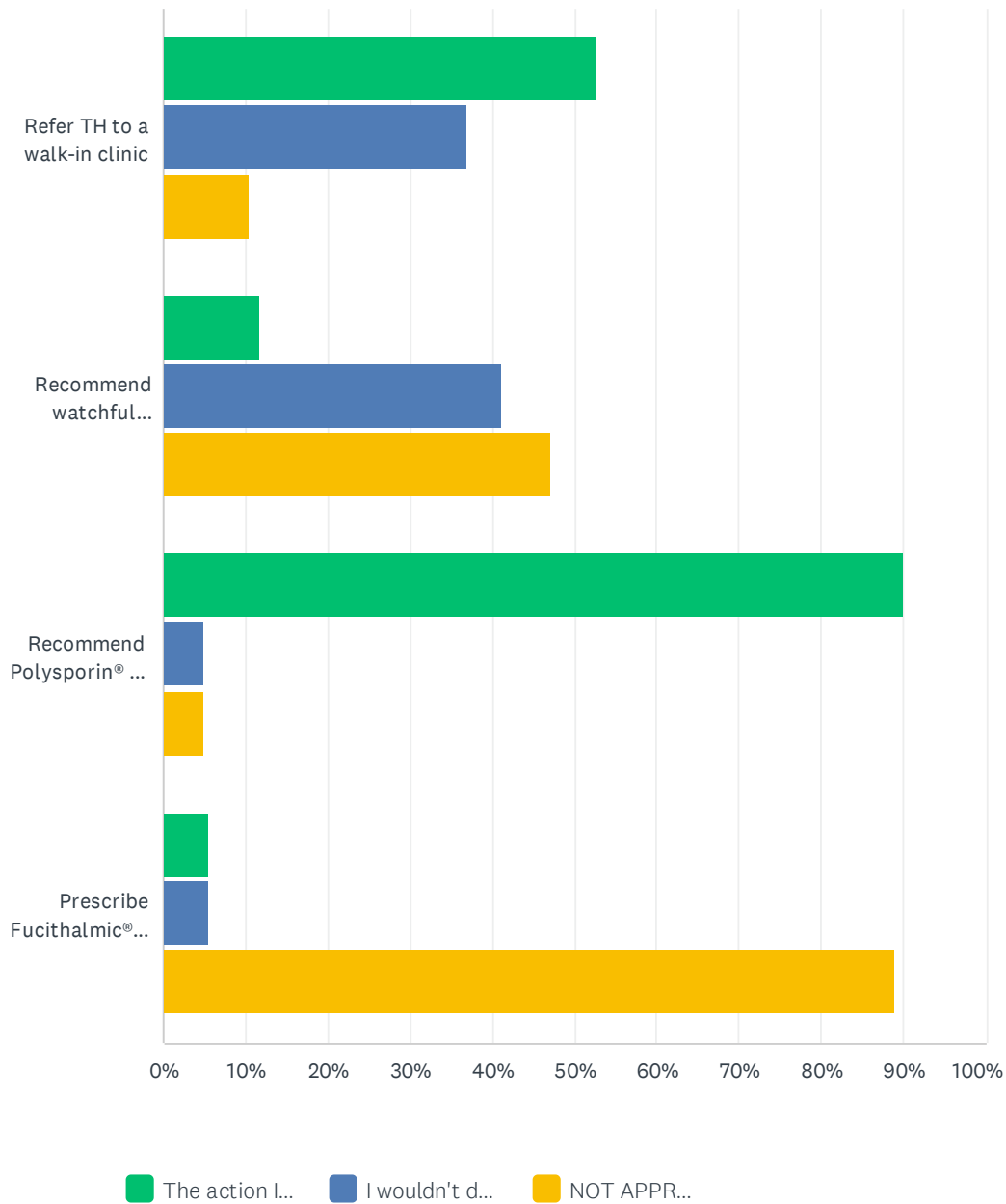
Comments

- Not considered a minor ailment. Should be evaluated by a physician.
- Could be evaluated by an optometrist
- Not eligible as a minor ailment. No red flags, so Polysporin is an option
- Is Polysporin likely to be available?
- Despite the fact that we (and the patient) can evaluate for bacterial conjunctivitis for OTC Polysporin, we cannot do so as a minor ailment.

Q2 TH is a 36 yo male looking for advice for an eye infection. He has moderate amounts of a thick yellow discharge from his right eye. He indicated that this started 1 day ago. There is mild redness of the sclera. His other eye is not impacted. He reports no visual disturbances or pain. He indicates his wife had “pink eye” 1 week ago and it was successfully treated by Fucithalamic®. He was going to use her container but she tossed it. He knew pharmacists could prescribe medication and was wondering if he could get a prescription as he does not have a family doctor. How should a pharmacist respond?

Answered: 21 Skipped: 1

Panel of Peers Survey - August 26, 2022



	THE ACTION I WOULD TAKE	I WOULDN'T DO THIS BUT IT WOULD OK IF ANOTHER PHARMACIST DID	NOT APPROPRIATE	TOTAL	WEIGHTED AVERAGE
Refer TH to a walk-in clinic	52.63% 10	36.84% 7	10.53% 2	19	1.58
Recommend watchful waiting for another 2 days	11.76% 2	41.18% 7	47.06% 8	17	2.35
Recommend Polysporin® Eye Drops	90.00% 18	5.00% 1	5.00% 1	20	1.15
Prescribe Fucithalamic® as a minor ailment	5.56% 1	5.56% 1	88.89% 16	18	2.83