

Your pharmacist can assess and prescribe for these Minor Ailments:

- Calluses and Corns
- Cough
- Dandruff
- Dry Eyes
- Hemorrhoids
- Indigestion/Acid Reflux
- Nasal Congestion
- Sore Throat
- Menstrual Cramps
- Mild Acne
- Mild Headache
- Minor Muscle & Joint Pain
- Minor Sleep Disorders
- Nausea
- Non-infectious Diarrhea
- Oral Ulcers
- Threadworms and Pinworms
- Thrush
- Warts
- Yeast Infection
- *Allergic Rhinitis
- *Cold Sore
- *Contact Allergic Dermatitis
- *Impetigo
- *Mild Bites, Stings & Hives
- *Mild to Moderate Eczema
- *Skin Fungal Infections (e.g. Athlete's Foot)

*New Program
for Pharmacare
Recipients!

Got a Minor Ailment?



It doesn't have to be a Major Problem.



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Your
Pharmacist
can
Assess and Prescribe
for minor ailments

NEW!

Pharmacare recipient?
Talk to your pharmacist today.

This service may be covered as part of your plan.

www.pans.ns.ca

* These ailments are part of a Nova Scotia Demonstration Project on Minor Ailment Assessments. If you are a Pharmacare beneficiary and agree to participate in the Demonstration Project there is no cost to you for the assessment.

Frequently Asked Questions

What is a Minor Ailment?

Currently, there are 31 ailments for which your pharmacist can assess and prescribe. This brochure contains the full list of minor ailments. Some of the ailments are currently part of a Nova Scotia-wide Demonstration Project and if you are a Pharmacare beneficiary the cost of the service may be covered for you.

What is the Minor Ailment Demonstration Project?

During 2015-2016, the Pharmacy Association and the Department of Health and Wellness are studying the value of pharmacists' minor ailment assessment and prescribing to patients and the healthcare system. To accomplish this goal, Pharmacare beneficiaries with allergic rhinitis, cold sores or certain skin conditions will be eligible to participate in the study and have their assessment conducted by a participating pharmacist at no cost.

Are all pharmacies participating in the project?

More than 200 pharmacies throughout the province are part of the demonstration project. A complete list of participating pharmacies can be found at pans.ns.ca



Will my doctor know about this visit?

Pharmacists are required by our Standards of Practice to inform your primary physician when pharmacists write a prescription for you.

If a pharmacist writes me a prescription, do I have to get it filled at that pharmacy?

Pharmacists are legal prescribers and patients may have their prescriptions filled at the pharmacy of their choice, just as if a doctor had written the prescription.

I have a drug plan, will it pay for prescriptions written by pharmacists?

If your drug plan covers the medication prescribed, pharmacists are recognized as a prescriber and your prescription will be covered as it would have if written by a physician.

I always get my prescriptions from my doctor, is it safe to get a prescription from a pharmacist?

Pharmacists are highly trained professionals who are experts in medications and their effects on the body. In fact, family physicians and specialists regularly seek their expertise on drug related issues.

Will a Minor Ailment Assessment always result in a prescription?

After the pharmacist assesses a patient they, in conjunction with the patient, determine the appropriate course of action. This could be a prescription, a recommendation for an over the counter medication or a referral to a physician.

How will my privacy be protected?

Your privacy is a priority for all members of our pharmacy team. That's why all minor ailment assessments take place in a private counseling room. Your records are then stored in accordance with all of Canada's and Nova Scotia's privacy laws.

How much does a Minor Ailment Assessment cost?

If you are not part of the Minor Ailment Assessment Demonstration Project, the cost of minor ailments assessments vary from pharmacy to pharmacy. If you are a Pharmacare beneficiary, and have one of the covered ailments, you are eligible to participate in the Demonstration Project. If you participate in the study, there will be no cost to you for the service during the study period.

**MINOR
AILMENTS**
**DEMONSTRATION
PROJECT**