

Nova Scotia Medication DISPOSAL PROGRAM



How to safely dispose of your Unused or Expired Medications



Place

Place unused/expired medications (DO NOT crush tablets or capsules) into a sealed plastic bag. Place narcotics and other controlled substances (such as pain medications and sleeping pills) in a separate bag and keep your inhalers and liquids in their original containers.



Scratch Out

Scratch out all personal information on prescription label on your empty pill bottles (or packaging) to make it unreadable then dispose of in your home recycling/garbage



Take Back

Take back your medications to your local Nova Scotia Pharmacy for disposal

DO NOT Flush











Medication can pose a serious risk to our environment. DO NOT flush down toilet or throw out in garbage/ recycling

Acceptable Waste

-  Ointment pots
-  Tubes
-  Pills & Capsules
-  Oral liquids
-  Eye drops
-  Empty Inhalers
-  Nasal sprays
-  Medical patches
-  Liquid medications

Unacceptable Waste

-  Empty pill bottles/vials
-  PPE (gloves, gowns, masks)
-  Garbage/ Recycling/ Packaging
-  Needles/ Syringes / Injection pens
-  Electronics/ Batteries
-  Band aids/ Tissues
-  Blister packs/ Compliance packaging
-  Aerosols
-  Methadone bottles
-  Any waste from LTC facilities, physicians or other commercial enterprises

Your medications are meant for you only. They can pose a serious health risk to others (particularly children and pets) if not properly disposed of.