

Medication Waste Handling Procedure



- 1 Place unused or expired medications into a sealed plastic bag.** Place narcotics and other controlled substances in a separate bag.
- 2 Scratch out all personal information on prescription label on your empty pill bottles** (or packaging) to make it unreadable, then dispose of it in your home recycling or garbage.
- 3 Take back your medications** to your local Nova Scotia Pharmacy for disposal.

Medication can pose a serious risk to our environment. **DO NOT** flush down toilet or throw out in garbage or recycling.

What is **acceptable** Medication Waste?

Acceptable

- ✓ Ointment Pots
- ✓ Tubes
- ✓ Pills & Capsules
- ✓ Medical Patches
- ✓ Eye Drops
- ✓ Empty Inhalers
- ✓ Nasal Sprays
- ✓ Oral Liquids
- ✓ Liquid Medications
- ✓ Full or Partially Full Bottles or Vials
- ✓ Full or Partially Full Blister Packs

Not Acceptable

- ✗ Empty Pill Bottles or Vials
- ✗ PPE (Gloves, Gowns, Masks)
- ✗ Garbage, Recycling, or Packaging
- ✗ Needles, Syringes or Injection Pens
- ✗ Electronics or Batteries
- ✗ Band-aids or Tissues
- ✗ Empty Blister Packs
- ✗ Aerosols
- ✗ Methadone Bottles
- ✗ Any waste from LTC facilities, physicians or other commercial enterprises

Your medications are meant for you only. They can pose a serious health risk to others if not properly disposed of.